



Does aerobic exercise improve learning in older adults?

We are studying the effect of aerobic exercise on word learning in healthy older adults. The research study is taking place at the Atlanta VA Medical Center.

To participate you must:

- ◆ Be age 65-89 years old
- ◆ Not be participating in regular exercise
- ◆ Get approval to participate in exercise from a physician (we will explain the study to the physician)

If you are interested in learning more about the study

Acute Exercise Effects on Word Learning in Aging, Mild Cognitive Impairment and Stroke-induced Aphasia

please contact:

Susan Murphy

404-321-6111, ext. 5391

Research Investigator: Amy Rodriguez, PhD, Atlanta VAMC