

Exercise and Motor

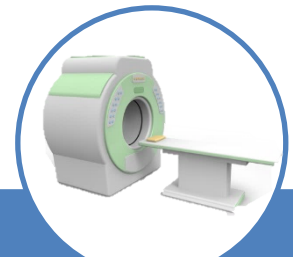
The purpose of this research study is to see if exercise can improve brain function and motor skills in older adults.



Are you between the ages of 60-80?



Would you like to start an exercise program with a certified trainer?



Are you willing to get an MRI?

If yes, you may be eligible to participate and will be compensated for your time!



VA



U.S. Department of Veterans Affairs
Atlanta VA Health Care System



VA HEALTH CARE | Defining **EXCELLENCE** in the 21st Century

If you would like more information about this study,
Effects of Aging on Cortical Excitability During Motor Learning

Research Investigator: Joe Nocera, PhD,
please contact

Medina Bello, CCRC, Project Coordinator

404-825-8820 Atlanta VAMC