

# Exercise and Motor

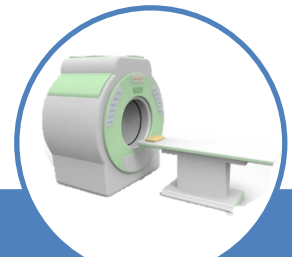
*The purpose of this research study is to see if exercise can improve brain function and motor skills in older adults.*



Are you between the ages of 60-80?



Would you like to start an exercise program with a certified trainer?



Are you willing to get an MRI?

**If yes, you may be eligible to participate and will be compensated for your time!**

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If you would like more information about this study,  
*Effects of Aging on Cortical Excitability During Motor Learning*

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