

EXERCISE AND BRAIN HEALTH

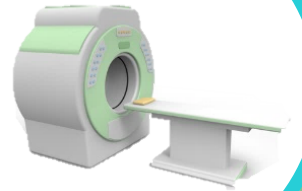
The purpose of this study is to look at the impact of exercise on cerebrovascular health.

Are you between
the ages of 65-
80?

Would you like to
start an exercise
program with a
fitness pro?

Are you willing to
get an MRI?

If yes, you may be eligible to participate and will be compensated for your time!



If you would like more information about
this study,

***Graded Intensity Aerobic Exercise to Improve Cerebrovascular Function and
Performance***

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