

Vision and Exercise Research Study



Purpose: To determine if exercise impacts visual, physical, and cognitive function in veterans with early-to-intermediate (dry) Age-Related Macular Degeneration (AMD).



WHO IS ELIGIBLE? PEOPLE WHO ARE:

Between 55-89 years old

Willing to exercise for 6 months

Experiencing AMD

Study procedures will take place at **Joseph Maxwell Cleland Atlanta VAMC** and exercise classes will be virtual

The Active AMD Study to Improve Function in Veterans with Age Related Macular Degeneration

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